

Date

Tue 13 Dec

**WESTVILLE ATHLETIC CLUB**  
**WEEKLY TIME TRIAL RESULTS**

Runners (4/8): 40/15

Week: 51

No.	Lic	km	Name	Club	Cat	M/F	Time	Pace
1	0	4	Derek Wasserfall	HILLCREST	Missing	M	15:27	3:52
2	0	4	Richard Eksteen	VISITOR	Missing	M	17:45	4:26
3	0	4	Blaine Pienaar	MR PRICE	Missing	M	18:43	4:41
4	0	4	Luke Lamusse	VISITOR	Missing	M	19:37	4:54
5	2969	4	Shelley Frankish	WEST	Seniors 20-34	F	20:08	5:02
6	3332	4	Ross McKechnie	WEST	Seniors 20-34	M	20:10	5:03
7	0	4	Caley Chaplin	VISITOR	Missing	M	20:14	5:04
8	0	4	Chris Human	VISITOR	Missing	M	21:32	5:23
9	0	4	Vernon Bell	VISITOR	Missing	M	21:33	5:23
10	0	4	Grant Bahlmann	VISITOR	Missing	M	21:56	5:29
11	3117	4	Liz Chelin	WEST	Masters 50-60	F	22:38	5:39
12	3124	4	Alistair Black	WEST	Masters 50-60	M	22:45	5:41
13	3233	4	Kylie Griffin	WEST	Vets 40-50	F	22:46	5:41
14	3151	4	Cliff Cartmell	WEST	Masters 50-60	M	22:47	5:42
15	3078	4	Paul Pearce	WEST	Vets 40-50	M	22:47	5:42
16	0	4	Sean Culverwell	VISITOR	Missing	M	23:17	5:49
17	3044	4	Gill Tregenna	WEST	Grand masters 60+	F	23:27	5:52
18	3127	4	John Mordaunt	WEST	Vets 40-50	M	23:47	5:57
19	3310	4	Michelle Wilmans	WEST	Vets 40-50	F	23:50	5:57
20	3340	4	Megan Finestone	WEST	Vets 40-50	F	23:51	5:58
21	3086	4	Jill Adams	WEST	Vets 40-50	F	24:14	6:03
22	3285	4	Trevor Cowie	WEST	Masters 50-60	M	24:26	6:07
23	0	4	Byron Cowie	VISITOR	Missing	M	24:28	6:07
24	3087	4	Adrie Booth	WEST	Vets 40-50	F	24:49	6:12
25	0	4	Karla Steenkamp	VISITOR	Missing	F	24:56	6:14
26	3297	4	Carol Brown	WEST	Vets 40-50	F	26:14	6:34
27	0	4	Morag Culverwell	VISITOR	Missing	F	26:40	6:40
28	0	4	Cameron Parle	VISITOR	Missing	M	28:39	7:10
29	3331	4	Tim Parle	WEST	Vets 40-50	M	29:31	7:23
30	0	4	Paul Lichkus	VISITOR	Missing	M	29:42	7:25
31	0	4	Phyllis Lichkus	VISITOR	Missing	F	30:09	7:32

32	0	4	Grant Desmond	VISITOR	Missing	M	30:10	7:32
33	3110	4	Gayle Simmons	WEST	Masters 50-60	F	30:36	7:39
34	3149	4	Cindy Memela	WEST	Vets 40-50	F	32:05	8:01
35	3026	4	Jenny Bartlett	WEST	Masters 50-60	F	34:20	8:35
36	0	4	Cary Ann Cave	VISITOR	Missing	F	35:24	8:51
37	0	4	Chelsea Stanley	VISITOR	Missing	F	35:25	8:51
38	3016	4	Bert Barratt	WEST	Grand masters 60+	M	39:09	9:47
39	0	4	Matthew Spencer	VISITOR	Missing	M	40:54	10:13
40	3188	4	Samantha Spencer	WEST	Vets 40-50	F	45:22	11:20
41	3305	8	Sithembiso Sithole	WEST	Seniors 20-34	M	31:39	3:57
42	0	8	Stephen Caelers	VISITOR	Missing	M	32:09	4:01
43	3287	8	Kenneth Culverwell	WEST	Vets 40-50	M	35:53	4:29
44	0	8	Gareth Brockett	EX WEST	Missing	M	36:34	4:34
45	3346	8	Stefan Wilmans	WEST	Vets 40-50	M	37:48	4:44
46	3289	8	Janine Nortje	WEST	Seniors 20-34	F	38:42	4:50
47	3261	8	Wayne Simmons	WEST	Seniors 20-34	M	38:55	4:52
48	3302	8	Oliver Lamusse	WEST	Sub-vets 35-39	M	40:06	5:01
49	3069	8	Andrew Quinlan	WEST	Vets 40-50	M	45:24	5:40
50	3189	8	Barry Spencer	WEST	Vets 40-50	M	46:36	5:49
51	3046	8	Trevor Kershaw	WEST	Masters 50-60	M	48:13	6:02
52	0	8	Jeffrey Sneddon	VISITOR	Missing	M	50:31	6:19
53	3136	8	Graham Buck	WEST	Masters 50-60	M	51:31	6:26
54	3292	8	Justin Janse van Rensburg	WEST	Seniors 20-34	M	52:49	6:36
55	3291	8	Hilton Janse van Rensburg	WEST	Sub-vets 35-39	M	53:01	6:38