

Date

Tue 15 Jul

WESTVILLE ATHLETIC CLUB
WEEKLY TIME TRIAL RESULTS

Runners (4/8): 64/19

Week: 29

No.	Lic	km	Name	Club	Cat	M/F	Time	Pace
1	0	4	Mqamelo Ntuli	VISITOR	Missing	M	16:57	4:14
2	0	4	Andrew McKune	VISITOR	Missing	M	19:00	4:45
3	0	4	Kai Heher	VISITOR	Missing	M	19:14	4:49
4	3167	4	Jenna O'Brien	WEST	Junior	F	19:17	4:49
5	0	4	Catherine McKune	VISITOR	Missing	F	19:33	4:53
6	3261	4	Wayne Simmons	WEST	Open	M	20:11	5:03
7	SOC02	4	Craig Dennill	WEST	40-49	M	20:20	5:05
8	0	4	Grant Larson	VISITOR	Missing	M	20:46	5:12
9	3189	4	Barry Spencer	WEST	40-49	M	21:10	5:18
10	0	4	Tom Ridl	VISITOR	Missing	M	22:04	5:31
11	3256	4	David Roux	WEST	Open	M	22:05	5:31
12	J02	4	Cameron Parle	WEST	Junior	M	22:35	5:39
13	3132	4	Iain Robertson	WEST	35-39	M	22:43	5:41
14	0	4	Ryan de Beer	VISITOR	Missing	M	22:44	5:41
15	2953	4	David Ward	WEST	40-49	M	22:58	5:45
16	0	4	Andrew Woodley	VISITOR	Missing	M	23:14	5:48
17	0	4	Emma McKune	VISITOR	Missing	F	23:16	5:49
18	0	4	Kelly van Rooyen	VISITOR	Missing	F	23:18	5:49
19	2982	4	Alfred Dlamini	WEST	50-59	M	23:32	5:53
20	2981	4	Dave Saunderson	WEST	40-49	M	23:59	6:00
21	3046	4	Trevor Kershaw	WEST	50-59	M	24:20	6:05
22	3088	4	Deon Crouse	WEST	50-59	M	24:32	6:08
23	3055	4	Charmaine Clarke	WEST	60+	F	24:47	6:12
24	0	4	Roger Westbrook	VISITOR	Missing	M	24:48	6:12
25	0	4	Candice Leith	VISITOR	Missing	F	24:51	6:13
26	0	4	Josh van den Berg	VISITOR	Missing	M	25:02	6:16
27	0	4	Alana Harrison	VISITOR	Missing	F	25:08	6:17
28	0	4	Chris Harrison	VISITOR	Missing	M	25:11	6:18
29	3273	4	Tiffany Callaghan	WEST	40-49	F	25:45	6:26

No.	Lic	km	Name	Club	Cat	M/F	Time	Pace
30	0	4	Kelly Warren	VISITOR	Missing	F	26:00	6:30
31	0	4	Deon Woodley	VISITOR	Missing	M	26:29	6:37
32	3070	4	Elize Herbst	WEST	50-59	F	26:47	6:42
33	3073	4	Chris Herbst	WEST	60+	M	26:48	6:42
34	0	4	Katie Morgan	VISITOR	Missing	F	26:51	6:43
35	3316	4	Wendy Morgan	WEST	40-49	F	26:53	6:43
36	2971	4	Keiran Aytoun	WEST	40-49	F	27:07	6:47
37	3175	4	Brenna van Rensburg	WEST	Open	F	27:36	6:54
38	0	4	Roxy Milne	VISITOR	Missing	F	28:11	7:03
39	0	4	Chloe van den Berg	VISITOR	Missing	F	28:14	7:03
40	3127	4	John Mordaunt	WEST	40-49	M	28:57	7:14
41	0	4	Debra Warren	VISITOR	Missing	F	29:04	7:16
42	0	4	Courtney Slaney	VISITOR	Missing	F	29:27	7:22
43	3110	4	Gayle Simmons	WEST	60+	F	29:30	7:23
44	0	4	Greg Slaney	VISITOR	Missing	M	29:36	7:24
45	0	4	Mpume Mthembu	VISITOR	Missing	F	29:54	7:28
46	3331	4	Tim Parle	WEST	40-49	M	30:28	7:37
47	J01	4	Samantha Parle	WEST	Junior	F	30:29	7:37
48	3111	4	Karyn Jackson	WEST	40-49	F	30:49	7:42
49	0	4	Brett van Rooyen	VISITOR	Missing	M	31:24	7:51
50	3285	4	Trevor Cowie	WEST	50-59	M	31:40	7:55
51	J08	4	Matthew Spencer	WEST	Junior	M	32:02	8:00
52	J09	4	Jodie Spencer	WEST	Junior	F	32:03	8:01
53	3188	4	Samantha Spencer	WEST	40-49	F	32:17	8:04
54	0	4	Melissa van Rooyen	VISITOR	Missing	F	32:43	8:11
55	0	4	Greg Chaplin	VISITOR	Missing	M	33:32	8:23
56	3141	4	Nelisiwe Dlamini	WEST	40-49	F	34:19	8:35
57	0	4	Emily Morgan	VISITOR	Missing	F	34:37	8:39
58	0	4	John Morgan	VISITOR	Missing	M	34:40	8:40
59	0	4	Liz Woodley	VISITOR	Missing	F	35:05	8:46
60	0	4	Tayla Pitchers	VISITOR	Missing	F	35:33	8:53
61	3129	4	Andrew Pitchers	WEST	40-49	M	35:34	8:54

No.	Lic	km	Name	Club	Cat	M/F	Time	Pace
62	0	4	Phindi Gwala	VISITOR	Missing	F	39:36	9:54
63	2954	4	Ray Buthelezi	WEST	Missing	M	39:38	9:54
64	3149	4	Cindy Memela	WEST	50-59	F	40:26	10:06
65	0	8	Joseph Mashele	VISITOR	Missing	M	31:14	3:54
66	0	8	Cyprian Chiliza	CHILTERN	Missing	M	31:15	3:54
67	3346	8	Stefan Wilmans	WEST	40-49	M	34:32	4:19
68	2983	8	Lynton Conway	WEST	Open	M	35:09	4:24
69	3138	8	Kevan McCarogher	WEST	Open	M	35:49	4:29
70	3193	8	Hopewell Hlabe	WEST	40-49	M	36:28	4:34
71	3006	8	Cliff Robbertze	WEST	40-49	M	37:00	4:38
72	3284	8	Andrew Burnard	WEST	Open	M	37:40	4:43
73	0	8	Cary Ann Smith	VISITOR	Missing	F	39:40	4:58
74	0	8	Danielle Adlam	BOXER	Missing	F	39:41	4:58
75	0	8	Chris Friggens	VISITOR	Missing	M	42:49	5:21
76	2992	8	Barbara Hlangano	WEST	40-49	F	45:56	5:45
77	3000	8	Paul Pearce	WEST	40-49	M	48:23	6:03
78	3317	8	Tony Saunderson	WEST	40-49	M	48:24	6:03
79	0	8	Brad van der Westhuizen	EX WEST	Missing	M	48:25	6:03
80	3335	8	Alison Parle	WEST	40-49	F	49:12	6:09
81	3228	8	Paula Dovey	WEST	35-39	F	50:08	6:16
82	3136	8	Graham Buck	WEST	50-59	M	53:38	6:42
83	3283	8	Alan Eтчells	WEST	60+	M	56:11	7:01