

Date

Tue 18 Jun

**WESTVILLE ATHLETIC CLUB**  
**WEEKLY TIME TRIAL RESULTS**

Runners (4/8): 35/19

Week: 25

No.	Lic	km	Name	Club	Cat	M/F	Time	Pace
1	0	4	Richard Argall	EX WEST	Missing	M	15:32	3:53
2	3226	4	Gareth Duddington	WEST	Open	M	16:48	4:12
3	2968	4	Karl Rabie	WEST	40-49	M	19:23	4:51
4	3128	4	Les Smith	WEST	60+	M	19:42	4:56
5	3207	4	Craig Phillips	WEST	40-49	M	20:12	5:03
6	3132	4	Iain Robertson	WEST	35-39	M	20:29	5:07
7	0	4	Craig Butler	VISITOR	Missing	M	21:04	5:16
8	3031	4	Glen Combe	WEST	Open	M	21:33	5:23
9	3047	4	Katherine Roux	WEST	Open	F	22:00	5:30
10	0	4	Miles Dray	VISITOR	Missing	M	22:06	5:32
11	0	4	Jason Verster	VISITOR	Missing	M	22:10	5:33
12	3223	4	Ronnie Verster	WEST	40-49	M	23:20	5:50
13	3335	4	Alison Parle	WEST	40-49	F	23:24	5:51
14	3044	4	Gill Tregenna	WEST	60+	F	23:50	5:57
15	3293	4	Brenda Cox	WEST	40-49	F	24:01	6:00
16	2966	4	Sue Smith	WEST	50-59	F	24:02	6:01
17	3336	4	Andy Watson	WEST	60+	M	24:39	6:10
18	0	4	Yolandi Sapet	VISITOR	Missing	F	25:07	6:17
19	3230	4	Glynn Swan	WEST	50-59	M	25:10	6:17
20	3127	4	John Mordaunt	WEST	40-49	M	25:26	6:21
21	0	4	Lauren Ward	VISITOR	Missing	F	25:54	6:28
22	3051	4	Steven Ash	WEST	35-39	M	26:09	6:32
23	2989	4	Vanessa Quinlan	WEST	35-39	F	26:43	6:41
24	3297	4	Carol Bennewith	WEST	40-49	F	27:12	6:48
25	0	4	Jeanine van der Walt	VISITOR	Missing	F	27:13	6:48
26	0	4	Lauren Bothma	VISITOR	Missing	F	27:53	6:58
27	3258	4	Sean Roux	WEST	Open	M	28:16	7:04
28	3151	4	Cliff Cartmell	WEST	50-59	M	28:25	7:06
29	0	4	Kayleigh Ward	VISITOR	Missing	F	28:27	7:07
30	3285	4	Trevor Cowie	WEST	50-59	M	28:45	7:11
31	0	4	Sarah Hotz	VISITOR	Missing	F	30:14	7:34
32	3149	4	Cindy Memela	WEST	40-49	F	33:54	8:28
33	0	4	Phindile Ngubane	VISITOR	Missing	F	35:12	8:48
34	J03	4	Matthew Spencer	WEST	Junior	M	37:12	9:18

No.	Lic	km	Name	Club	Cat	M/F	Time	Pace
35	3188	4	Samantha Spencer	WEST	40-49	F	37:52	9:28
36	3057	8	Thandekile Sotubhu	WEST	40-49	M	30:29	3:49
37	3305	8	Sithembiso Sithole	WEST	Open	M	31:38	3:57
38	0	8	Greg Chaplin	VISITOR	Missing	M	33:36	4:12
39	3193	8	Hopewell Hlabe	WEST	40-49	M	33:40	4:13
40	0	8	Joseph Mashele	VISITOR	Missing	M	34:31	4:19
41	3006	8	Cliff Robbertze	WEST	40-49	M	34:51	4:21
42	3011	8	Hendrik Roux	WEST	35-39	M	35:43	4:28
43	3096	8	Alison Uys	WEST	Open	F	36:42	4:35
44	3189	8	Barry Spencer	WEST	40-49	M	36:56	4:37
45	3278	8	Gary Moor	WEST	Open	M	37:57	4:45
46	3345	8	John Adams	WEST	40-49	M	37:58	4:45
47	SOC16	8	Craig Dennill	WEST	40-49	M	38:13	4:47
48	3346	8	Stefan Wilmans	WEST	40-49	M	38:46	4:51
49	0	8	Dean Jones	VISITOR	Missing	M	39:25	4:56
50	2986	8	Preston Gounden	WEST	Open	M	40:46	5:06
51	3069	8	Andrew Quinlan	WEST	40-49	M	41:38	5:12
52	3046	8	Trevor Kershaw	WEST	50-59	M	44:14	5:32
53	2998	8	Douglas Glennie	WEST	50-59	M	44:56	5:37
54	0	8	Justin Hotz	VISITOR	Missing	M	45:13	5:39