

Date

Tue 27 Sep

**WESTVILLE ATHLETIC CLUB**  
**WEEKLY TIME TRIAL RESULTS**

Runners (4/8): 21/12

Week: 40

No.	Lic	km	Name	Club	Cat	M/F	Time	Pace
1	0	4	Matthew Argall	EX WEST	Missing	M	15:41	3:55
2	0	4	Richard Argall	EX WEST	Missing	M	16:29	4:07
3	0	4	Patricia Bahlmann	VISITOR	Missing	F	17:02	4:16
4	0	4	Tyler Cheall	VISITOR	Missing	M	17:08	4:17
5	0	4	Richard Eksteen	VISITOR	Missing	M	18:17	4:34
6	0	4	Cindy Jali	ESKOM	Missing	F	19:23	4:51
7	0	4	Cosmos Langa	VISITOR	Missing	M	19:27	4:52
8	2985	4	Les Smith	WEST	Grand masters 60+	M	20:29	5:07
9	3336	4	Andy Watson	WEST	Grand masters 60+	M	20:29	5:07
10	0	4	Andrew McKeon	VISITOR	Missing	M	21:12	5:18
11	0	4	Danielle Adlam	BOXER	Missing	F	21:22	5:21
12	3012	4	Andy Daly	WEST	Masters 50-60	M	21:22	5:21
13	3151	4	Cliff Cartmell	WEST	Masters 50-60	M	23:20	5:50
14	3029	4	Paula Symington	WEST	Seniors 20-34	F	23:27	5:52
15	3163	4	Francesca Galassi	WEST	Seniors 20-34	F	23:44	5:56
16	3127	4	John Mordaunt	WEST	Vets 40-50	M	27:01	6:45
17	0	4	Preston Gounden	VISITOR	Missing	M	27:18	6:49
18	3307	4	Prashina Budree	WEST	Seniors 20-34	F	28:15	7:04
19	0	4	Lyle Dawson	VISITOR	Missing	M	28:55	7:14
20	0	4	Tina Gouveia	VISITOR	Missing	F	28:57	7:14
21	3110	4	Gayle Simmons	WEST	Masters 50-60	F	31:42	7:55
22	3305	8	Sithembiso Sithole	WEST	Seniors 20-34	M	32:06	4:01
23	0	8	Peter Lindon	VISITOR	Missing	M	35:26	4:26
24	2968	8	Karl Rabie	WEST	Vets 40-50	M	36:01	4:30
25	3332	8	Ross McKechnie	WEST	Seniors 20-34	M	36:09	4:31
26	0	8	Gareth Brockett	EX WEST	Missing	M	37:37	4:42
27	3287	8	Kenneth Culverwell	WEST	Vets 40-50	M	38:58	4:52
28	S22	8	Craig Dennill	WEST	Vets 40-50	M	38:59	4:52
29	3225	8	Brandon Jackson	WEST	Vets 40-50	M	39:00	4:53
30	3078	8	Paul Pearce	WEST	Vets 40-50	M	40:02	5:00
31	3292	8	Justin Janse van Rensburg	WEST	Seniors 20-34	M	41:52	5:14
32	2969	8	Shelley Frankish	WEST	Seniors 20-34	F	42:58	5:22
33	3136	8	Graham Buck	WEST	Masters 50-60	M	47:05	5:53