

Date

Tue 28 May

**WESTVILLE ATHLETIC CLUB**  
**WEEKLY TIME TRIAL RESULTS**

Runners (4/8): 34/21

Week: 22

No.	Lic	km	Name	Club	Cat	M/F	Time	Pace
1	0	4	Matthew Argall	EX WEST	Missing	M	15:03	3:46
2	0	4	Richard Argall	EX WEST	Missing	M	15:39	3:55
3	3191	4	Maureen Slack	WEST	40-49	F	17:56	4:29
4	0	4	Gareth Brockett	EX WEST	Missing	M	18:10	4:32
5	3006	4	Cliff Robbertze	WEST	40-49	M	18:30	4:38
6	0	4	Nick de Charmoy	VISITOR	Missing	M	19:48	4:57
7	3042	4	Dean Alcock	WEST	40-49	M	20:00	5:00
8	J11037	4	Megan Cox	WEST	Junior	F	20:51	5:13
9	0	4	Phoenix Knox	VISITOR	Missing	F	21:13	5:18
10	3193	4	Hopewell Hlabe	WEST	40-49	M	21:14	5:19
11	3305	4	Sithembiso Sithole	WEST	Open	M	21:16	5:19
12	0	4	Cyprian Chiliza	CHILTERN	Missing	M	21:18	5:20
13	3225	4	Brandon Jackson	WEST	40-49	M	21:22	5:21
14	0	4	Lauren Argall	VISITOR	Missing	F	21:28	5:22
15	0	4	Grant Robertson	VISITOR	Missing	M	21:37	5:24
16	3124	4	Christian Ndayambaje	WEST	Open	M	22:15	5:34
17	0	4	Miles Drey	VISITOR	Missing	M	22:18	5:35
18	3019	4	Louise Lilford	WEST	40-49	F	23:24	5:51
19	J09	4	Daniel Smith	WEST	Junior	M	23:56	5:59
20	3293	4	Brenda Cox	WEST	40-49	F	24:14	6:03
21	3184	4	Brian Smith	WEST	40-49	M	24:18	6:04
22	3087	4	Adrie Booth	WEST	40-49	F	24:33	6:08
23	3258	4	Sean Roux	WEST	Open	M	24:37	6:09
24	3256	4	David Roux	WEST	Open	M	24:39	6:10
25	3086	4	Jill Adams	WEST	40-49	F	24:50	6:12
26	3335	4	Alison Parle	WEST	40-49	F	26:05	6:31
27	J01	4	Samantha Parle	WEST	Junior	F	26:06	6:31
28	0	4	Clinton Defin	VISITOR	Missing	M	26:20	6:35
29	3127	4	John Mordaunt	WEST	40-49	M	28:07	7:02
30	3110	4	Gayle Simmons	WEST	50-59	F	28:07	7:02

No.	Lic	km	Name	Club	Cat	M/F	Time	Pace
31	3149	4	Cindy Memela	WEST	40-49	F	35:22	8:50
32	0	4	Jason Knox	VISITOR	Missing	M	36:24	9:06
33	0	4	Pat Wheal	VISITOR	Missing	F	36:35	9:09
34	0	4	Greg Wheal	VISITOR	Missing	M	37:12	9:18
35	0	8	Cary Ann Smith	VISITOR	Missing	F	30:39	3:50
36	0	8	Danielle Adlam	BOXER	Missing	F	32:54	4:07
37	3196	8	Michael Lusignea	WEST	Open	M	34:37	4:20
38	0	8	Greg Sassen	VISITOR	Missing	M	37:26	4:41
39	3018	8	Craig Lilford	WEST	40-49	M	39:12	4:54
40	3287	8	Kenneth Culverwell	WEST	50-59	M	39:40	4:58
41	3345	8	John Adams	WEST	40-49	M	44:58	5:37
42	3038	8	Trevor Luyt	WEST	40-49	M	44:58	5:37
43	2981	8	Dave Saunderson	WEST	40-49	M	45:56	5:45
44	J06	8	Matthew Callaghan	WEST	Junior	M	45:56	5:45
45	3317	8	Tony Saunderson	WEST	40-49	M	46:25	5:48
46	3261	8	Wayne Simmons	WEST	Open	M	46:26	5:48
47	SOC16	8	Craig Dennill	WEST	40-49	M	46:26	5:48
48	3291	8	Hilton Janse van Rensburg	WEST	35-39	M	46:27	5:48
49	2986	8	Preston Gounden	WEST	Open	M	46:28	5:48
50	3292	8	Justin Janse van Rensburg	WEST	Open	M	46:28	5:48
51	3046	8	Trevor Kershaw	WEST	50-59	M	47:24	5:55
52	2992	8	David Wheal	WEST	Open	M	47:45	5:58
53	3137	8	Dylan Lubbe	WEST	Open	M	47:45	5:58
54	3151	8	Cliff Cartmell	WEST	50-59	M	48:00	6:00
55	0	8	Sheldon Lubbe	VISITOR	Missing	M	49:33	6:12