

Date

Tue 7 Jun

**WESTVILLE ATHLETIC CLUB**  
**WEEKLY TIME TRIAL RESULTS**

Runners (4/8): 33/12

Week: 24

No.	Lic	km	Name	Club	Cat	M/F	Time	Pace
1	0	4	Peter Lindon	VISITOR	Missing	M	16:51	4:13
2	2985	4	Les Smith	WEST	Grand masters 60+	M	18:44	4:41
3	3261	4	Wayne Simmons	WEST	Seniors 20-34	M	20:40	5:10
4	0	4	Ryan de Beer	VISITOR	Missing	M	21:21	5:20
5	3151	4	Cliff Cartmell	WEST	Masters 50-60	M	21:28	5:22
6	0	4	Robyn Bees	VISITOR	Missing	F	21:54	5:28
7	3271	4	Jason du Plessis	WEST	Sub-vets 35-39	M	22:18	5:35
8	3044	4	Gill Tregenna	WEST	Grand masters 60+	F	22:19	5:35
9	3184	4	Brian Smith	WEST	Vets 40-50	M	22:22	5:35
10	0	4	Tilla Dalhouzie	VISITOR	Missing	F	22:38	5:39
11	3336	4	Andy Watson	WEST	Grand masters 60+	M	22:48	5:42
12	3046	4	Trevor Kershaw	WEST	Masters 50-60	M	22:49	5:42
13	0	4	Tamsyn Wenham	VISITOR	Missing	F	22:54	5:43
14	3019	4	Mark Hardman	WEST	Seniors 20-34	M	23:06	5:46
15	0	4	Kelly Spiers	VISITOR	Missing	F	25:13	6:18
16	3068	4	Paul Mathe	WEST	Masters 50-60	M	25:31	6:23
17	S15	4	Mandi Allsopp	WEST	Sub-vets 35-39	F	26:39	6:40
18	0	4	Conrad Blignaut	VISITOR	Missing	M	26:42	6:41
19	3239	4	Brandon Bothma	WEST	Seniors 20-34	M	26:54	6:43
20	3163	4	Francesca Galassi	WEST	Seniors 20-34	F	28:15	7:04
21	0	4	Berna Wearne	VISITOR	Missing	F	28:49	7:12
22	3285	4	Trevor Cowie	WEST	Masters 50-60	M	28:52	7:13
23	3108	4	Claire Mack	WEST	Seniors 20-34	F	29:50	7:27
24	0	4	Sarah Lichkus	EX WEST	Missing	F	29:52	7:28
25	0	4	Phyllis Lichkus	VISITOR	Missing	F	30:34	7:39
26	0	4	Paul Lichkus	VISITOR	Missing	M	30:35	7:39
27	3149	4	Cindy Memela	WEST	Vets 40-50	F	32:39	8:10
28	0	4	Claire Forbes	VISITOR	Missing	F	32:39	8:10
29	2960	4	Zanele Nduli	WEST	Masters 50-60	F	34:08	8:32
30	S07	4	Jacky Moor	WEST	Seniors 20-34	F	34:36	8:39
31	3016	4	Bert Barratt	WEST	Grand masters 60+	M	36:54	9:13

32	0	4	Karen McKenzie	VISITOR	Missing	F	37:04	9:16
33	2956	4	Fred McKenzie	WEST	Masters 50-60	M	37:04	9:16
34	0	8	Mr Zongi	VISITOR	Missing	M	34:20	4:18
35	0	8	Danielle Adlam	BOXER	Missing	F	34:28	4:19
36	0	8	Emanuel Mthlane	VISITOR	Missing	M	35:38	4:27
37	2968	8	Karl Rabie	WEST	Vets 40-50	M	37:54	4:44
38	3189	8	Barry Spencer	WEST	Vets 40-50	M	38:12	4:46
39	S22	8	Craig Dennill	WEST	Vets 40-50	M	38:13	4:47
40	0	8	Kenny Culverwell	VISITOR	Missing	M	38:14	4:47
41	3078	8	Paul Pearce	WEST	Vets 40-50	M	39:00	4:53
42	3063	8	Greg Wicht	WEST	Seniors 20-34	M	40:39	5:05
43	3145	8	Clive Dyer	WEST	Seniors 20-34	M	40:51	5:06
44	3001	8	Brad van der Westhuizen	WEST	Masters 50-60	M	41:22	5:10
45	3270	8	Craig Allsopp	WEST	Sub-vets 35-39	M	41:30	5:11