

Date

Tue 8 Jul

WESTVILLE ATHLETIC CLUB
WEEKLY TIME TRIAL RESULTS

Runners (4/8): 33/11

Week: 28

No.	Lic	km	Name	Club	Cat	M/F	Time	Pace
1	0	4	Mqamelo Ntuli	VISITOR	Missing	M	16:37	4:09
2	3138	4	Kevan McCarogher	WEST	Open	M	16:43	4:11
3	3093	4	Steven Gossman	WEST	40-49	M	18:02	4:31
4	3292	4	Justin Janse van Rensburg	WEST	Open	M	18:20	4:35
5	0	4	Kai Heher	VISITOR	Missing	M	18:43	4:41
6	0	4	Ryan Warren	VISITOR	Missing	M	18:55	4:44
7	3261	4	Wayne Simmons	WEST	Open	M	19:00	4:45
8	3000	4	Paul Pearce	WEST	40-49	M	19:31	4:53
9	SOC02	4	Craig Dennill	WEST	40-49	M	19:37	4:54
10	0	4	Chris Friggens	VISITOR	Missing	M	19:42	4:56
11	2986	4	Preston Gounden	WEST	Open	M	19:52	4:58
12	0	4	Tom Ridl	VISITOR	Missing	M	20:05	5:01
13	3204	4	Michael Etchells	WEST	Open	M	20:12	5:03
14	0	4	Taylor Adlam	VISITOR	Missing	F	20:14	5:04
15	0	4	Cary Ann Smith	VISITOR	Missing	F	20:28	5:07
16	0	4	Leslee Salzmann	VISITOR	Missing	F	20:28	5:07
17	3203	4	Gareth Brockett	WEST	35-39	M	20:29	5:07
18	0	4	Luke Allen	VISITOR	Missing	M	20:58	5:15
19	3256	4	David Roux	WEST	Open	M	21:30	5:23
20	3258	4	Sean Roux	WEST	Open	M	21:31	5:23
21	2959	4	Lauren Pretorius	WEST	Open	F	23:03	5:46
22	0	4	Ashton Davids	VISITOR	Missing	M	24:28	6:07
23	0	4	Andrew Woodley	VISITOR	Missing	M	24:29	6:07
24	0	4	Josh van den Berg	VISITOR	Missing	M	24:30	6:07
25	3306	4	Ryan Dercksen	WEST	Open	M	24:40	6:10
26	0	4	Malcolm McCann	VISITOR	Missing	M	24:43	6:11
27	0	4	Roxy Milne	VISITOR	Missing	F	25:24	6:21
28	3284	4	Andrew Burnard	WEST	Open	M	27:16	6:49
29	0	4	Leverne Poisson	VISITOR	Missing	F	27:16	6:49

No.	Lic	km	Name	Club	Cat	M/F	Time	Pace
30	3127	4	John Mordaunt	WEST	40-49	M	30:30	7:37
31	3285	4	Trevor Cowie	WEST	50-59	M	31:19	7:50
32	0	4	Phindi Gwala	VISITOR	Missing	F	44:07	11:02
33	2954	4	Ray Buthelezi	WEST	Missing	M	44:08	11:02
34	3346	8	Stefan Wilmans	WEST	40-49	M	34:14	4:17
35	2983	8	Lynton Conway	WEST	Open	M	35:36	4:27
36	3193	8	Hopewell Hlabe	WEST	40-49	M	37:42	4:43
37	0	8	Cyprian Chiliza	CHILTERN	Missing	M	37:43	4:43
38	0	8	Dumisani Ngcwaza	VISITOR	Missing	F	38:32	4:49
39	3122	8	Paul Worsnip	WEST	35-39	M	38:58	4:52
40	3006	8	Cliff Robbertze	WEST	40-49	M	38:59	4:52
41	0	8	Danielle Adlam	BOXER	Missing	F	38:59	4:52
42	3046	8	Trevor Kershaw	WEST	50-59	M	53:22	6:40
43	3136	8	Graham Buck	WEST	50-59	M	56:01	7:00
44	0	8	Cliff Cartmell	WEST	Missing	M	56:02	7:00