

Date

Tue 9 Jul

**WESTVILLE ATHLETIC CLUB**  
**WEEKLY TIME TRIAL RESULTS**

Runners (4/8): 49/18

Week: 28

No.	Lic	km	Name	Club	Cat	M/F	Time	Pace
1	0	4	Matthew Argall	EX WEST	Missing	M	14:24	3:36
2	0	4	Richard Argall	EX WEST	Missing	M	16:57	4:14
3	3226	4	Gareth Duddington	WEST	Open	M	17:29	4:22
4	0	4	Dylan O'Brien	VISITOR	Missing	M	18:08	4:32
5	3018	4	Craig Lilford	WEST	40-49	M	18:35	4:39
6	0	4	Shannon Verster	VISITOR	Missing	F	18:42	4:40
7	0	4	Dakota Knox	VISITOR	Missing	F	19:06	4:46
8	0	4	Ryan Warren	VISITOR	Missing	M	19:40	4:55
9	3207	4	Craig Phillips	WEST	40-49	M	19:46	4:57
10	0	4	Paul Soper	VISITOR	Missing	M	20:01	5:00
11	2956	4	Fred McKenzie	WEST	50-59	M	20:16	5:04
12	3223	4	Ronnie Verster	WEST	40-49	M	20:28	5:07
13	0	4	Michelle Gevers	VISITOR	Missing	F	20:34	5:09
14	3042	4	Dean Alcock	WEST	40-49	M	20:35	5:09
15	3031	4	Glen Combe	WEST	Open	M	20:48	5:12
16	0	4	Greg Slaney	VISITOR	Missing	M	20:54	5:14
17	0	4	Sean Culverwell	VISITOR	Missing	M	20:56	5:14
18	0	4	Catherine Potter	VISITOR	Missing	F	21:02	5:16
19	0	4	Phoenix Knox	VISITOR	Missing	F	21:07	5:17
20	3128	4	Les Smith	WEST	60+	M	21:08	5:17
21	3336	4	Andy Watson	WEST	60+	M	21:10	5:18
22	3014	4	Sheree Kirsten	WEST	50-59	F	21:14	5:19
23	3019	4	Louise Lilford	WEST	40-49	F	21:20	5:20
24	0	4	Jenna O'Brien	VISITOR	Missing	F	21:26	5:21
25	0	4	Ashley Coetzee	VISITOR	Missing	F	21:58	5:30
26	3261	4	Wayne Simmons	WEST	Open	M	22:53	5:43
27	3262	4	Romy Croxford	WEST	Open	F	22:55	5:44
28	3127	4	John Mordaunt	WEST	40-49	M	23:21	5:50
29	3044	4	Gill Tregenna	WEST	60+	F	23:32	5:53
30	2966	4	Sue Smith	WEST	50-59	F	24:02	6:01
31	0	4	Clint Swan	VISITOR	Missing	M	24:06	6:01
32	3015	4	Sindy Kirsten	WEST	Open	F	24:14	6:03
33	0	4	Chantal Knox	VISITOR	Missing	F	24:48	6:12
34	0	4	Samantha Rees	VISITOR	Missing	F	26:02	6:30
35	2971	4	Keiran Aytoun	WEST	40-49	F	26:07	6:32

No.	Lic	km	Name	Club	Cat	M/F	Time	Pace
36	0	4	Sandy Rees	VISITOR	Missing	F	26:22	6:35
37	3273	4	Tiffany Callaghan	WEST	40-49	F	26:36	6:39
38	0	4	Shani Davies	VISITOR	Missing	F	26:56	6:44
39	3331	4	Tim Parle	WEST	40-49	M	26:59	6:45
40	0	4	Lauren Ward	VISITOR	Missing	F	27:00	6:45
41	0	4	Alex Powney	VISITOR	Missing	M	28:41	7:10
42	0	4	Katja Gevers	VISITOR	Missing	F	28:50	7:12
43	3110	4	Gayle Simmons	WEST	50-59	F	28:51	7:13
44	0	4	Jessica Sassen	VISITOR	Missing	F	30:44	7:41
45	3227	4	Kate Swan	WEST	40-49	F	31:21	7:50
46	3188	4	Samantha Spencer	WEST	40-49	F	31:32	7:53
47	0	4	Doreen Thabethe	VISITOR	Missing	F	32:03	8:01
48	0	4	Kayleigh Ward	VISITOR	Missing	F	33:27	8:22
49	0	4	Susan Collingwood	VISITOR	Missing	F	34:28	8:37
50	0	8	Cyprian Chiliza	CHILTERN	Missing	M	36:03	4:30
51	3193	8	Hopewell Hlabe	WEST	40-49	M	36:04	4:31
52	0	8	Joseph Mashele	VISITOR	Missing	M	36:04	4:31
53	2994	8	Grant Lloyd	WEST	40-49	M	36:43	4:35
54	3006	8	Cliff Robbertze	WEST	40-49	M	36:44	4:36
55	3122	8	Paul Worsnip	WEST	35-39	M	36:45	4:36
56	3287	8	Kenneth Culverwell	WEST	50-59	M	38:31	4:49
57	0	8	Greg Sassen	VISITOR	Missing	M	38:36	4:50
58	3189	8	Barry Spencer	WEST	40-49	M	38:53	4:52
59	SOC16	8	Craig Dennill	WEST	40-49	M	40:08	5:01
60	3000	8	Paul Pearce	WEST	40-49	M	40:23	5:03
61	J06	8	Matthew Callaghan	WEST	Junior	M	40:48	5:06
62	3317	8	Tony Saunderson	WEST	40-49	M	40:49	5:06
63	0	8	Dean Jones	VISITOR	Missing	M	41:47	5:13
64	2981	8	Dave Saunderson	WEST	40-49	M	44:03	5:30
65	0	8	Cameron Leaver	VISITOR	Missing	M	44:26	5:33
66	3046	8	Trevor Kershaw	WEST	50-59	M	45:07	5:38
67	3151	8	Cliff Cartmell	WEST	50-59	M	47:04	5:53