

## 4KM TimeTrial

Place	Time	Name	ID	Gender	TimeTrialDistance
1	16:21.8	Hein De Klerk	40013	male	4KM
2	17:53.0	Cliff Robbertze	40046	male	4KM
3	18:13.2	Thokozani Cele	40121	male	4KM
4	18:19.9	Kenneth Culverwell	40264	male	4KM
5	18:23.9	Hopewell Hlabe	40197	male	4KM
6	18:36.2	Jill Adams	40220	female	4KM
7	22:44.4	Guy Crosbie	40068	male	4KM
8	23:14.5	Nicola De Oliveira	40025	female	4KM
9	23:21.5	Liesel Israel	40096	female	4KM
10	24:49.0	Michelle Kemp	40043	female	4KM
11	24:53.2	Katharine Atkinson	40183	female	4KM
12	25:24.7	Phillippa Rautenbach	40188	female	4KM
13	25:39.2	Dean Alcock	40291	male	4KM
14	26:51.7	Keiran Ward	40019	female	4KM
15	28:44.9	Tony Saunderson	40050	male	4KM
16	30:14.5	Tim Parle	40205	male	4KM
17	31:02.2	Gayle Simmons	40126	female	4KM

## 8KM TimeTrial

Place	Time	Name	ID	Gender	TimeTrialDistance
1	38:25.8	Steven Stott	80170	male	8KM
2	39:50.8	Trevor Luyt	80314	male	8KM
3	42:16.6	Steven Gossman	80111	male	8KM
4	44:40.5	Paula Symington	80207	female	8KM
5	49:44.6	Trevor Kershaw	80072	male	8KM
6	50:44.5	Alison Parle	80203	female	8KM
7	52:27.4	Graham Buck	80151	male	8KM

Race timing with fsTimer - free, open source software for race timing. <http://fstimer.org>