



FEBRUARY 2022

Westlink

THE OFFICIAL NEWSLETTER OF WESTVILLE ATHLETIC CLUB



I don't know about you...but I'm feeling '22

What a fantastic start to the year! The race calendar is in full swing with three races so far going ahead as scheduled. Mixed League and Ladies League are also underway with a solid effort at the first events. Let us hope the year continues on this path.

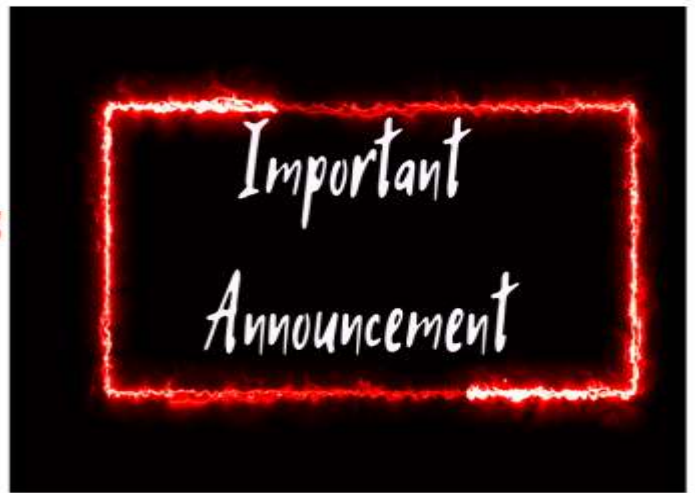
The club is once again open for our weekly time trials on a Tuesdays at 17h45. There is also the newly implemented social time trial on Thursdays at 17h30. The social runs on a Thursday are the perfect way to loosen your legs before a weekend race and catch up with your running crew on some new and interesting courses.

Keep an eye out for the weekly time trial notice being broadcast, it will contain all your weekly news so you are always up to date and don't miss out on any fun events.

Don't forget... if you have any interesting articles or reviews of any new courses that you would like to share, as well as photos of your running adventures and achievements. We are proud of all our members and would love the chance to celebrate you and your accomplishments.



2022 ASA/KZNA Licences are now available for collection. If you have renewed your membership already you can collect them every Tuesday evening from 17h30 to 19h30. You can also come to the club on Tuesdays at the same time for assistance in renewing your membership for 2022.



League Updates

2022 Insinkerator Mixed League.

Savages hosted the first leg of the 2022 Mixed League at the Royal Durban Golf Course - Greyville Race Course. It was a fast and flat course with a grassy finish that provided a surprising challenge for all the entrants. It was a rather thrilling sight to see red and white flying along the course. There were also some promising results on the night:

- 8km Men Master - 4th place only 3 points behind 1st place.
- 4km Women Junior - 4th place only 3 points behind 1st place
- 4km Women Vets - 5th place only 4 points behind 1st place.
- 4km Women Master - 2nd place only 1 point behind 1st place.
- 4km Walkers - 1st place leading by 1 point.

This is a great start and we are in a position where we can definitely catch up. It is not too late to enter and you can enter as a social member as well. You can register on the Eventtming website - it is R60 for the whole year so we look forward to seeing the Westville flag flying even higher at round two at Stella Athletic Club on Thursday 17th February.



2022 Ladies League

Ladies League kicked off with the first leg being hosted by our neighbours Chiltern. On what felt like the hottest night of the season, the Westville ladies meant business as they took on a course that is not friendly at the best of times but on the night proved to be even more daunting. Nevertheless, they persisted and Westville 'A' managed a 3rd place finish on the night. A spectacular effort - ladies we cannot wait to see you take on the rest of the league. Reminder that the next leg is on Wednesday 23rd February at Queensburgh Harriers starting at 18h15.



JANUARY RACE RECAP

Wow! Did January start the year off with a bang or did it start with a bang? We had Westville runners flying the flag high starting off with "Go Beyond for a Child" hosted by Orcas Academy on the 9th of January.

This was followed on the 16th of January by the first leg of our "King and Queen of the Mountain" challenge at Ronnie Davel, hosted by Hilton Harriers. A couple of our braver members tackled the Scottsburgh 21.1km on the same day. Well done to all the members who entered, we are proud of you.

A club favourite... this year's Kearsney Striders Half Marathon and 10km, held on Sunday the 23rd of January, did not disappoint. The start was a sea of red and white, which in itself was such a joy to see, and the finish was even better with the gazebo set up and members staying on to cheer the finishers as they came through.

Special mention must be made to Hopewell Hlabe who finished 1st in the 21.1km 50-59 category with a stellar time of 1:38:07, as well as Margariet Wrethman who was the first female walker across the line and the 2nd walker overall in the 10km distance.

The final event for the month of January was the PDAC 25km, a race that declares itself the best race in KZN, and whilst it is loved by many, we know it is the Illovo Christmas Challenge that truly owns that title. Again, there was a solid Westville turn out and some really impressive efforts by everyone who ran it; however the hero of the event was definitely Liz Chelin who entered the walk and finished 2nd in the Women's Walker category.

With such a flying start to the year we look forward to February as well as seeing more of you at the start.



UPCOMING CLUB EVENTS

Saturday 12 February - Captains' Breakfast Run

Join us for the annual Captains' Run and Breakfast at the clubhouse starting at 06h00. A relaxed 10km social run that affords you the opportunity to get to know your club captains and fellow members. If you are not up to a full 10km there will be plenty of options for you to turn back and run a distance that suits you. All we need you to bring is yourself and a breakfast treat for the "bring and share afterwards", tea and coffee will be served after the run (although if you need something a touch stronger the bar will be open).



Monday 15 February - Valentine's Day TT and Club Champs Awards

Join us on Tuesday 15th February for the Valentine's Day TT which also doubles up as our awards evening for the 2021 Club Championships. Get dressed up in your red and white Valentine's best and run the TT course in reverse. Afterwards we will be announcing the winners of our 10km, 15km and 21.1km Club Champs for 2021, so stay for a drink and celebrate the efforts of your fellow members. There may even be a few surprises along the route as well as prizes for best dressed.



Friday 11 March - Parlauf

Keep your calendars open on Friday 11 March for Parlauf. This is an epic event that is the kick off to the cross country season. It is a firm favourite in the cross country community and the atmosphere is always electric and the after party has been known to be just a little bit of fun too. Even if you don't run come along and cheer on the teams. You won't regret it.

SAVE THE DATE **SAVE THE DATE** **SAVE THE DATE** **SAVE THE DATE**



FEBRUARY 2022 KZN FIXTURES

Date	Event	Venue	Distance	Host Club	Contact Information	Contact Person	Start Time
05-Feb	The Baptismal 10km	Inkamana Abbey, Vryheid	10km run/walk 5km run/walk	Inkamana High Athletics Club	C 007 112 8000 thami.sukazi@gmail.com	Thami Sukazi	06h00
**06-Feb	DG Panel & Paint Challenge	Capel Road Sports Grounds	32 km run 16 km run/walk	Sydenham Sports Club	C 054 254 2465 anita.giquel@gmail.com	Anita Johannes	05h00
19-Feb	Battlefields Marathon	Hutten Park Senior Primary School	42.2km run 21.1km run/walk 10km run/walk	Newcastle Harriers	a.cmvosloo@telkomsa.net	Andre Vosloo	06h00
20-Feb	Zabalaza Marathon	George Cato Primary School	42.2km run 21.1 km run 10 km run/walk	Zabalaza Athletic Club	C 073 225 4146 nonjabulo2.nilovni@gmail.com	Bongani Nilovni	05h00
26-Feb	Mfundo Lushaba Memorial	Luthuli High School	10km run/walk	Umzumbe Development AC	C 052 935 9220 qhawamahleg@hotmail.com	Emmanuel Lushaba	07h00
27-Feb	Ethekwini Best of the Best Marathon Incorporating the KZN Marathon Champs	Kings Park Stadium	42.2km run 21.1km run/walk 10km run/walk	Ama-Ravens AC	C 052 559 5102 ama.ravens@gmail.com	Mthoko Khuzwayo	05h30

**Please note that Sydenham has been cancelled/postponed. We will update you on any developments as soon as we know



JANUARY

Name	Date
GRAHAM BUCK	1
CARLO DE OLIVEIRA	6
LYNNE DE WELZEN	8
HOPEWELL HLABE	10
CANDICE MCKENZIE	10
GEMMA ALCOCK	10
GILL TREGENNA	11
JEAN-PIERRE CHELIN	13
BONKE DUMISA	16
GREG WICHT	17
ANDREW QUINLAN	18
DAVE ROGERS	20
MELISSA MARTINSON	20
SHAUN REID	23
CAROLYN DITCHBURN	24
DAVE COCHRANE	25
ANDY PATTERSON	27
HEIN DE KLERK	28
RYAN MITCHELL	29
SHARON SCHUBACH	29
JOLENE SCHEFERMANN	30

FEBRUARY

Name	Date
MATTHEW ARGALL	1
MOSE DLAMINI	3
VERONICA COCHRANE	7
TAMMY DENNILL	8
ANDY DALY	8
DAVID CLAASSENS	10
DEAN ALCOCK	11
NELISIWE DLAMINI	15
KERI BECKER	17
MICHAEL BARTHOLOMEW	18
COURTNEY SLANEY	19
ALISON PARLE	20
MARTIN DOVEY	23
NICOLA MITCHELL	24

WESTVILLE ATHLETIC CLUB 20220 COMMITTEE

Chairperson

Carlo de Oliveira

083 255 7778

carlo@bdelaw.co.za

Vice Chairperson

Kylie Griffin

082 563 0574

director@kzneia.co.za

Registrations

Sharon Schubach

082 414 1783

itonridge@gmail.com

Secretary

Alison Parle

072 785 3086

taparle@telkomsa.net

Treasurer

Astrid Fenton

083 777 0830

astrid.fenton@gmail.com

Men's Road Captain

Iain Robertson

082 496 7219

robroyagencies@mweb.co.za

Ladies Road Captain

Janine Nortje

084 046 6666

j9.nortje@gmail.com

Off Road Captain

Stuart Cox

082 905 4298

stuart.cox@nampak.com

Facilities & Bar Manager

Paul Pearce

083 447 7028

paul71pearce@gmail.com

Retail (& Website & Comms)

Steven Gossman

072 639 3093

steven.gossman@gmail.com

Communications

Catherine Dixon

071 579 2299

catherineanne23@gmail.com

 @westville_athletic_club

 @WestvilleAthleticClub

 www.westvilleac.co.za