



CROSS COUNTRY

Hey All,

A quick reminder that this Saturday is League 3, hosted by Savages at Burman Bush Nature Reserve. Please see directions below.

Please also note that due to the low numbers in the Open event (the last event of the day) they have made a decision to combine events 7 and 8 on the programme below. The event will start at 14:30 per the programme. Men 30+ will do their usual 4 laps to achieve 8km. The Open athletes will do an additional lap to give them 10km.

Please share and highlight this information to all Senior/Open athletes to ensure they arrive on time for a 14:30 start, not 15:15, the advertised starting time.

I have also confirmed that the event scheduled for 20 May at Rocky Bay has been cancelled. This is a pity as many were looking forward to new turf.

However, should you be fine to travel, the league at Matatiele will go ahead on 27 May. Those who have travelled to some of the outlying events will tell you that they are an experience and often worth the trip.

See you in the bush

Kylie
Cross Country Captain
082 563 0574

kylie.griffin@telkomsa.net

*Check results from
Summerveld League
below*

WESTVILLE ATHLETIC CLUB

XC Newsletter 05/2017 – May 2017

Do not go where
the path may
lead. Go instead
where there is no
path and leave a
trail.

– Ralph Waldo
Emerson

Directions for Burman Bush venue

From Umgeni Road travelling from town towards Connaught interchange, cross over Smiso Nkwanyana Road (previously Goble Road). Just before the Connaught Interchange turn left into Burman Drive. Venue at the top of the Road.

If you are travelling towards town you will have to do a U-turn and drive back towards Connaught then follow directions above.

Alternatively, from Trematon turn left into the top part of Lilian Ngoyi (previously Windermere) and left again into Goodwin. The venue will be on your right as you hit the top of Burman Drive.

Directions for King Edward School in Matatiele

You will need to go to Kokstad. From Kokstad, take the R56 towards Matatiele (68km from Kokstad). Drive through Cederville to get to Matatiele. As you approach Matatiele you will see a hospital on the left. Turn Left at Second Street after entering Matatiele. Kind Edward School is on the Right – apparently, you can't miss it.

Walter Oelofse is the coordinator. His cell no: 072 467 1702

Programme for all League Events in 2017

Event	Time	Category	
1	11:50	Boys & Girls 7 & 8yrs or younger	1km – 1 lap of 1km
2	12:00	Boys & Girls 9 & 10yrs	2km – 1 lap of 2km
3	12:20	Boys & Girls 11yrs and 12yrs Girls 13yrs	3km – 1 lap of 2km 1 lap of 2km
4	12:45	Boys 13, 14 & 15yrs Open Men & Women	4km – 2 laps of 2km
5	13:15	Girls 14 & 15yrs ; Youth Women (16 & 17) Master Women 30+	4km – 2 laps of 2km
6	13:50	Youth Men (16 & 17) ; Grand Master Men 60+ Women 18 & 19yrs	6km – 3 laps of 2km
7 & 8	14:30	Junior Men 18 & 19yrs Master Men 30-59 Plus Open Men Open Women	8km – 4 laps of 2km 10km – 5 laps of 2km

Schedule of Leagues and Events 2017

Updated May 2017

Date	Event	Host Club & Venue	Contact
May 06	League 3	Savages AC Burman Bush	Robin Honeysett 083 553 5647
May 13	League 4	Matatiele AC King Edward Park	Walter Oelofse 072 467 1702
May 20	Dev Event 1	Rocky Bay Event cancelled	Janet Simkins janet@simpkins.co.za
May 27	League 5	Nongoma AC Nongoma	Vusi Nxumalo 078 929 5396
Jun 10	League 6	Underberg Willie Mtolo AC	Willie Mtolo 083 654 0393
Jun 17	Dev Event 2	Estcourt AC Estcourt	Simphiwe 079 682 2528
Jun 24	League 7	Yellowwood Park Stainbank Nature Reserve	Mike Sutton 082 961 1615
Jul 01	League 8	Collegian Harriers Collegian Club	Les Burnard 082 336 7244
Jul 08	League 9	Mudeni AC Kind Edward Park	Shadrack Dladla 076 765 5625
Jul 15	League 10	Sapphire Coast AC (Toti) Hutchinson Park	Cecil Clarke 079 895 4323
Jul 01	Dev Event 3	Kokstad AC St Patrick's	Tessa v Vuuren 039 727 2888
Jul 29	League 12	Phoenix Villagers Gandhi Luthuli Park	Danny Chetty 082 454 4073
Jul 29	League 11	Utrecht AC Utrecht Country Club	Moses Xulu 083 756 3990
Aug 05	League 13	Hollywood Betts AC Kwa Ximba	Puseletso Dladla 073 658 7997
Aug 12	KZN Champs	Richmond Athletics Beaulieu Dam	Bill Pellew 082 040 6880 Obo KZN Athletics
Sep 09	ASA Champs	Potchefstroom NWU Pukke Rag Farm (Joolplaas), Loop Street	ASA

Westville Results for Summerveld League

Event 1 Girls and Boys 7 & 8yrs

Category Pos	Time	First Name	Surname	M/F	Age Cat
4	00:07:34	Ruan	Lyle-de Klerk	M	8

Event 2 Girls 10

Category Pos	Time	First Name	Surname	M/F	Age Cat
7	00:12:44	Emma	Atkinson	F	10

Event 4 Boys 15

Category Pos	Time	First Name	Surname	M/F	Age Cat
6	00:22:46	Jason	Haswell	M	15

Event 5 Girls 14 & 15 ; Youth Women 16 & 17 ; Women +30 : 4km

Category Pos	Time	First Name	Surname	M/F	Age Cat
7	00:23:16	Julia	Butler	F	14
3	00:22:08	Abbey-Lynn	Haswell	F	16
5	00:28:31	Sarah	Cox	F	16
1	00:27:56	Samantha	Parle	F	18
2	00:23:43	Sindy	Kirsten	F	30-34
2	00:22:57	Debbie	Haswell	F	40-44
3	00:26:14	Katharine	Atkinson	F	40-44
4	00:28:32	Brenda	Cox	F	40-44
3	00:26:28	Alison	Parle	F	45-49
3	00:23:44	Sheree	Kirsten	F	60-64
1	00:25:41	Gill	Tregenna	F	75-79

Youth Men ; GM Men 60+ and Women 18 and 19yrs :

Event 6 6km

Category Pos	Time	First Name	Surname	M/F	Age Cat
2	00:25:09	Andrew	Daly	M	60-64
4	00:30:46	Les	Smith	M	65-69

Event 7**Junior Men 18 & 19yrs ; Master Men 30+ : 8km**

Category Pos	Time	First Name	Surname	M/F	Age Cat
6	00:42:06	Andrew	Burnard	M	35-39
2	00:35:29	Hein	de klerk	M	40-44
4	00:52:53	Dudley	le Roux	M	40-44
1	00:32:29	Grant	Cummings	M	45-49
4	00:39:32	Stuart	Cox	M	45-49
6	00:47:24	John	Adams	M	45-49
1	00:35:44	Patrick	Wynne	M	55-59
2	00:36:12	Ken	Culverwell	M	55-59
5	00:39:06	Tony	Lewis	M	55-59
7	00:41:00	Fred	McKenzie	M	55-59
8	00:48:34	Andy	Patterson	M	55-59