



WESTVILLE ATHLETIC CLUB NEWSLETTER 13 October 2016

PODIUM RESULTS FROM THE WEEKEND:

Swift 10km

Sheree Kirsten	1st Lady 60-69	55:43
Gill Tregenna	1st Lady 70+	62:43

CLUB 2 CLUB

When: 22 October

Time: 14H30 for 15H00

Start & Finish: Westville AC

Shower Facilities available.

Braai Fires will be lit.

Bar will be open.

DSTV will be on.

Kids welcome to play on the field or
in play room.



Wear red shorts and any top

Club kit NOT to be worn.

Choose your own route from Westville AC to Chiltern AC and back.

Finish in the fastest time possible.

One compulsory checkpoint will be announced at the start.



Members & Visitors from the 2 clubs are welcome, but only members of each club will count towards the results.

UPCOMING RACES

Sunday 16 October - Sapphire Coast Marathon
Starts and finishes at Hutchison Park
For more info call Des van der Merwe 082 806 0348

Sunday 16 October - Muden Race 25km
For more info call Zenzele 073 142 3533

Mtubatuba Challenge on 23 October has been cancelled

Sunday 30 October - KZN 10km Challenge
Venue is Kings Park. Starts at 07h00

HIGHWAY LADIES TIME TRIAL

The final event is on Wednesday 9 November at Forest Hills.

Ladies, please let's finish off the year with a big turnout of red and white.

MIXED TIME TRIAL LEAGUE

The next event is on Thursday 20 October at Hillcrest.

WESTVILLE AC KING & QUEEN OF THE MOUNTAIN

Leg 3 is on 20 November at Queensburgh Mineshaft
Leg 4 is on 04 December at Stainbank, Yellowwood Park
You need to run 3 events to qualify. For more info please speak to Alen Hattingh on 083 440 3135.



ILLOVO SUGAR CHRISTMAS CHALLENGE - 11 DECEMBER 2016

The helpers' lists are up on the board at the club or email westvilleathleticclub@gmail.com

NB: Westville members are discouraged from running the race as we expect you all to help on race day. We have the helper's run on Saturday morning.

We desperately need someone to coordinate prizes. Please contact Sharon if you wish to take on this portfolio or if you are able to donate any prizes.

OCTOBER BIRTHDAYS

Happy birthday to the following members:

Werner van Zyl	1
Aubrey Roberts	2
Karyn Jackson	2
Paula Dovey	2
Michael Etchells	3
Moyra Collyer	4
Fred Mc Kenzie	7
Cameron Parle	10
Ntokozo Myeni	13
Rob McInerney	13
Basil Henderson	15
Lorien Cuthbert	17
Chris Binneman	17
Stuart Cox	18
Trevor Hart-Jones	18
Debbie Haswell	20
Grant Cummings	21
Gayle Simmons	21
Debbie Friis	21
Brenda Cox	23
Kylie Griffin	25
Gavin Kruger	27
Luke Ellis	27
Sarah Blewett	28
Dave Jollands	31

YOUR COMMITTEE - 2016

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For all upcoming races and race results, visit our website: <http://www.westvilleac.co.za/>



Our sponsors:



KAZMAC Photography



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