



## WESTVILLE ATHLETIC CLUB NEWSLETTER

24 November 2016

### PODIUM RESULTS FROM THE WEEKEND:

#### Mineshaft

|                |                 |       |          |
|----------------|-----------------|-------|----------|
| Aubrey Roberts | 1st Man         | 60-69 | 01:05:29 |
| Sheree Kirsten | 1st Lady        | 60-69 | 01:28:56 |
| Gill Tregenna  | 1st Lady        | 70+   | 01:37:18 |
| Sue Smith      | 3rd Lady Walker |       | 01:50:31 |

#### Sky Run

Well done to Steve Gossman for finishing in 24 hours and 26 minutes and to Wendy Morgan for finishing in 29 hours after coming down quite hard on her ankle and causing some ligament damage quite early in the race.

**The AGM is this coming Tuesday, 29 November at 19h00.** Nominations for committee members have to be in 48 hours before the AGM. Please send them to [westvilleathleticclub@gmail.com](mailto:westvilleathleticclub@gmail.com).

### UPCOMING RACES

26 November - Sani Stagger

27 November - Hope Challenge at Curries Fountain. Half marathon and 10km

4 December - Bearing Man Stainbank Cup at Yellowwood Park. **This is the 4th leg of the Westville King and Queen of the Mountains.** The club serves breakfast at this race so please stay afterwards.

15 December - Mandela Indentured Labourer Challenge at Blue Lagoon. 10 and 5km night run. Starts at 18h15

18 December - Big Hill Run at Hollo Trails. 21 and 10km

Father Christmas is coming on Tuesday 6 December at 6pm. Please bring a present for your kiddies with their name on it, and a packet of sweets or chips to share. The club will provide cake and cold drinks.



The Christmas time trial is on 13 December. This is run in reverse and we have shooters along the time trial route. Dress up in your Christmas gear. A prize will go to the best dressed.

### ILLOVO SUGAR CHRISTMAS CHALLENGE 11 DECEMBER 2016

We still need 1 helper for Entries, helpers for Results and lots of marshals, and Gill Tregenna needs 2 youngsters to help. The helpers' lists are up on the board at the club or email [westvilleathleticclub@gmail.com](mailto:westvilleathleticclub@gmail.com). **Please let us have your t-shirt size as well!**

## YOUR COMMITTEE - 2016

Chairperson  
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Vice Chairperson  
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Facilities Manager & Club  
Hire  
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Retail & Website  
STEVE GOSSMAN  
[steven.gossman@gmail.com](mailto:steven.gossman@gmail.com)  
072 639 3093



## NOVEMBER BIRTHDAYS

Happy birthday to the following members. Have an awesome day!

|                           |    |
|---------------------------|----|
| Claire Wilkinson          | 1  |
| Steven Stott              | 1  |
| John Adams                | 1  |
| Claire Schilt             | 3  |
| Maureen Slack             | 5  |
| Trevor Luyt               | 6  |
| Trevor Kershaw            | 8  |
| Sarah Shuttleworth        | 8  |
| Dave Saunderson           | 9  |
| Shannon Verster           | 10 |
| Nicolette Visser          | 13 |
| Laura Campbell            | 14 |
| Jill Adams                | 15 |
| Sadie Van Dyk             | 15 |
| Alison Uys                | 16 |
| Jessica Jollands          | 16 |
| Hilton Janse van Rensburg | 16 |
| Samantha Parle            | 16 |
| Garry Shea                | 17 |
| Delani Hlongwane          | 17 |
| Vincent Mhlakoana         | 19 |
| Preston Gounden           | 24 |
| Gareth Duddington         | 26 |
| Ted Clark                 | 27 |
| Sarah Cox                 | 29 |
| Heidi Venter              | 29 |
| Jowaine Parrott           | 30 |



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